

WHAT ARE YOU FORGETTING TO BELIEVE?

You probably know that whatever you're not achieving, you're not believing ... YET.
Let's figure out what you're forgetting to believe,
so that you can practice believing it as a daily practice.

WHAT ARE YOU NOTICING THAT YOU'RE STRUGGLING WITH THE MOST CURRENTLY?

WHY ARE YOU STRUGGLING? WHAT IS THE PROBLEM?

WHAT ABOUT THAT IS IMPORTANT TO YOU?

WHAT ARE SOME THINGS THAT WOULD NEED TO CHANGE TO REMOVE OR REDUCE THOSE LIMITS IN ORDER TO MAKE WHAT YOU WANT POSSIBLE?

WHAT ARE YOU FORGETTING TO BELIEVE?

WHAT'S THE BIGGEST THING THIS DOESN'T FEEL POSSIBLE? IS IT RELATED TO:

- Something you're lacking? If so, list everything that's lacking.
- Something that your business is lacking? If so, list everything that's lacking.
- Something that your clients or potential clients are lacking? If so, list everything that's lacking.
- Something that the world is lacking? If so, list everything that's lacking.

FOR EACH ONE OF THE BULLETS ABOVE THAT YOU ANSWERED, EXPLORE EACH INDIVIDUAL BULLET FURTHER. JUST PICK ONE THING FROM EACH THAT'S LACKING.

- How does this thing lacking make you feel?
- What do you do when feel this way about this lack?
- How do you act?
- What do you avoid doing?
- What do you do instead of doing what you should do?
- How do you try to solve the problem? Or what do you do instead of solving the problem?
- When you act this way, what happens?
- What do you achieve?
- What problem do you solve?
- What problem(s) do you create?
- What do you notice about how you show up in your business?
- Where else in your life do you notice yourself doing this or producing this result?

WHAT ARE YOU FORGETTING TO BELIEVE?

IMAGINE IT'S FIVE YEARS FROM NOW... YOU'VE OVERCOME THIS LIMITATION. LOOK AT THE BUSINESS YOU'VE BUILT.

- What do you see?
- How do you feel about it?

Tell me about the CEO of your business.

- What is her unique genius?
- What does she outsource? Why?
- What does she love doing? Why?
- What does she believe about her business?
- What about her contributed to the success of her business?
- What does she believe about herself?
- Why is your business what it is today?
- What are you doing well?
- What are you not doing well?
- What would you do differently?

REVIEW YOUR ANSWERS TO IDENTIFY WHAT YOU'RE BELIEVING NOW ABOUT YOUR BUSINESS AND ABOUT YOURSELF.

- What are you believing?
- What are you forgetting to believe?
- What do you want to commit to believing every day?
- What will you implement in order to consistently believe these things?